

KRISTEN E. WINTERS, DPM, FACFAS



1379 Enfield Street
Enfield, CT 06082
office (860) 741-3041
fax (860) 751-5644
www.ctfoot.com

WORK HISTORY

- **PodiatryCare, P.C.** Enfield, CT November 2002 – present
- **Connecticut Surgical Group** Hartford, CT July 2000 – May 2002
- **Pennsylvania State University** State College, PA Aug 1992 - Aug 1994
Assistant Division One Field Hockey Coach
Exercise & Sports Science Instructor/Teacher.

EDUCATION

- 1994-1998 **Pennsylvania College of Podiatric Medicine** – Philadelphia, PA

Doctor of Podiatric Medicine

Pi Delta National Honor Society

Stirling-Harford Honorary Anatomical Society, Vice President

PCPM Sports Medicine Club, Member

Dean's List – every semester

- 1987-1991 **The Pennsylvania State University** – University Park, PA
Bachelor of Arts – General Arts and Sciences, Pre-Podiatric Medicine
Division I Field Hockey Team Member (4 seasons, 1st team All-American 2 seasons), Division I Lacrosse Team Member (1 season)
U-21 United States National Field Hockey team member (2 seasons)

RESIDENCY

- 1998-2000 **Saint Francis Hospital & Medical Center** – Hartford, CT

PGY-II Podiatric Surgical Resident (PSR-24) at 1,000+ bed, Level 1 major teaching hospital

Served as Chief Surgical Resident

Trained extensively in all aspects of forefoot and rearfoot surgery with expertise in diabetic limb salvage, external fixation, and inhouse patient management

Rotations completed in Internal Medicine, Pathology/Laboratory Medicine, General Surgery, Vascular Surgery, Anesthesiology, Medical Imaging, Plastic Surgery, Infectious Disease, Emergency Room/Trauma

Responsible for training over 50 podiatry and medicine externs

TEACHING APPOINTMENTS

- 2002 – present **Teaching Faculty Trinity Health of New England - Saint Francis Hospital and Medical Center**, Hartford, CT

Serve as active attending and Podiatric Surgeon of the Podiatric Surgical Residency Program PSR-36

Served as on-call physician for The Saint Francis emergency department and surgical residency program

Active in the training of 6 Podiatric surgical residents per year

- 2000-2002 Clinical Associate Professor Department of Orthopedics,
University of Connecticut, Farmington, CT

PRESENT AND PREVIOUSLY HELD PRIVILEGES

Active Staff Privileges **Trinity Health of New England - Saint Francis Hospital and Medical Center**, Hartford, CT
2002-present

Active Staff Privileges **Trinity Health of New England - Johnson Memorial Hospital**,
Stafford Springs, CT
2002 - present

Active Staff Privileges **Surgery Center Affiliates**, Bloomfield, CT
2017 -present

Courtesy Staff Privileges **Manchester Memorial Hospital / ECHN**,
Manchester, CT
2009 - 2013

Active Staff Privileges **Hartford Hospital**, Hartford, CT
2000-2002 and 2009-2016

Associate Staff Privileges **UCONN Health Center / John Dempsey**
Hospital, Farmington, CT
2000 – 2002

PROFESSIONAL MEMBERSHIPS

American Board of Foot and Ankle Surgery –
Board Certified 2006 - Re-certified 2016

Diplomate, The American Board of Foot and Ankle Surgery

American College of Foot and Ankle Surgeons, Member

American Podiatric Medical Association, Member

Connecticut Podiatric Medical Association, President

Pi Delta Podiatry Honor Society

Stirling-Harford Honorary Anatomical Society, Vice-president

Advanced Cardiac Life Support ACLS / BLS -ongoing

PROFESSIONAL ACTIVITIES

President, PodiatryCare, P.C. - 2021 to present

President, Connecticut Podiatric Medical Association 2022 to present

Executive Board Member, Connecticut Podiatric Medical Association, 2009 to present

Lecturer, Connecticut Podiatric Medical Association Meeting, Mohegan Sun, March 2009

Executive Board Member, Johnson Surgical Center, October 2005-2007

Department of Podiatric Surgery Attending - Trinity Health of New England , The Saint Francis Hospital and Medical Center , 2002 to present

Home and Health Community VNA Diabetic Advisory Board – September 2002- 2006

Lecturer, Pfizer Pharmaceuticals, 2004 to 2008

Lecturer, ACFAS Regional Complications Seminar – January, 2000

Annual Hartford Marathon, Podiatric Medical Volunteer – October, 1999

University of Hartford Men's & Women's Varsity Sports, Podiatry

Screening & Consultation – September 1998 to present

Nutmeg Games (CT State Olympics), Medical Staff Volunteer – August, 1998

102nd & 103rd Annual Boston Marathon, Podiatric Medical Volunteer – April 1998, 1999, 2000

COMMUNITY ACTIVITIES

Suffield Academy Volunteer Field Hockey Coach, 2008-2009

Diabetes Care Center: newly diagnosed diabetic patient screening,
Department of Endocrinology, Saint Francis Hospital & Medical
Center, Hartford, CT – September 1998 to present

Johnson Memorial Hospital Medical Staff Lecturer, 2002 – present

SCHOLARSHIPS & AWARDS

College Merit Academic Scholarship, Pennsylvania College of
Podiatric Medicine – September, 1994

Lewis Gordon Memorial Pharmacology Scholarship, PCPM - May,
1998

Podiatric Orthopedics Award/Scholarship, PCPM – May, 1998

Earl G. Kaplan American College of Foot Surgeons Scholarship,
PCPM – May, 1998

Who's Who Among Students in American Universities and Colleges,
63rd Edition – August, 1998

Dean's Letter of Commendation, PCPM – May, 1998

PUBLICATIONS / RESEARCH

Winters, KW, Desai, K, Avner, N: Prevalence of Post-Operative Complications in First
Metatarsophalangeal Joint Arthroplasty with Total Silastic Implants, American College of
Foot and Ankle Surgeons - 2023 submission in progress.

Winters, KW: Necrotizing Fasciitis: A True Podiatric Emergency.
CPME Highlights, vol. 8, no. 2, pp.5-10, April 1999.

Winters, KW: "Streptococcal Fasciitis, A Flesh Eating Disease" in Stirling-Harford Honorary Society PCPM Class of 1998 Papers, pp.150-157, PCPM, Philadelphia, PA, May 1998.

Winters, KW, & Silverstein, E: Pedal Manifestations in Crest Syndrome: A Case Report. Journal of the American Podiatric Medical Association – submission planned.

Winters KW, Maher CJ, Deschamps, B: Treating Pedal Malignant Melanoma: A Case Report. Journal of Podiatric Medical Association – submission planned.

The Biomechanics of Running: The Efficacy in Controlling Hyperpronation Using The Adidas Salvation Running Shoe, a clinical trial. An active study in association with Adidas conducted at PCPM, 1998.

HOBBIES

running
biking
ice hockey
hiking
photography
gardening
golf
travel