

# KRISTEN E. WINTERS, DPM



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[www.ctfoot.com](http://www.ctfoot.com)

## ◆WORK HISTORY◆

**PodiatryCare, P.C.** Enfield, CT November 2002 – present

**Connecticut Surgical Group** Hartford, CT July 2000 – May 2002

**The Pennsylvania State University** State College, PA  
August 1992 – August 1994 Assistant Division One Field  
Hockey Coach.

## ◆EDUCATION◆

1994-1998 **Pennsylvania College of Podiatric Medicine** –  
Philadelphia, PA

- *Doctor of Podiatric Medicine*
- Pi Delta National Honor Society
- Stirling-Harford Honorary Anatomical Society, Vice President
- PCPM Sports Medicine Club, Member
- Dean's List – every semester

1987-1991 **The Pennsylvania State University** – University Park,  
PA

- *Bachelor of Arts* – General Arts and Sciences, Pre-Podiatric Medicine
- Division I Field Hockey Team Member (4 seasons, 1<sup>st</sup> team All-American 2 seasons)
- U-21 United States National Field Hockey team member (2 seasons)

## ◆RESIDENCY◆

1998-2000 Saint Francis Hospital & Medical Center –  
Hartford, CT

- PGY-II Podiatric Surgical Resident (PSR-24) at 1,000+ bed, Level 1 major teaching hospital
- Served as **Chief Surgical Resident**
- Trained extensively in all aspects of forefoot and rearfoot surgery with expertise in diabetic limb salvage, external fixation, and in-house patient management
- Rotations completed in Internal Medicine, Pathology/Laboratory Medicine, General Surgery, Vascular Surgery, Anesthesiology, Medical Imaging, Plastic Surgery, Infectious Disease, Emergency Room/Trauma
- Responsible for training over 50 podiatry and medicine externs.

## ◆TEACHING APPOINTMENTS◆

2002 – present -Teaching Faculty Saint Francis Hospital and Medical Center, Hartford, CT.

- Serve as active attending Podiatric Surgeon of the Podiatric Surgical Residency Program PSR-36
- Serve as on-call physician for The Saint Francis emergency department and surgical residency program
- Assist in the training of 6 podiatric students per year

2000-2014 - Clinical Associate Professor Department of Orthopedics, University of Connecticut, Farmington, CT.

## ◆PRESENT AND PREVIOUSLY HELD PRIVILEGES◆

- Active Staff Privileges **Saint Francis Hospital**, Hartford, CT, 2002-present
- Courtesy Staff Privileges **Johnson Memorial Hospital**, Stafford Springs, CT, 2002 - present
- Courtesy Staff Privileges **Manchester Memorial Hospital / ECHN**, Manchester, CT 2009 - present
- Active Staff Privileges **Hartford Hospital**, Hartford, CT, 2000-2002 and 2009 - present

### ◆ PROFESSIONAL MEMBERSHIPS ◆

- Diplomate, The American Board of Podiatric Surgery
- American Board of Podiatric Surgery - **Board Certified**, 2006.
- American College of Foot and Ankle Surgeons, Member
- American Podiatric Medical Association, Member
- Connecticut Podiatric Medical Association, Board Member
- Pi Delta Podiatry Honor Society
- Stirling-Harford Honorary Anatomical Society, Vice-president

### ◆ PROFESSIONAL ACTIVITIES ◆

- **Executive Board Member**, The Connecticut Podiatric Medical Association, 2009 to present
- **Lecturer**, The Connecticut Podiatric Medical Association Meeting, Mohegan Sun, March 2009
- **Executive Board Member**, Johnson Surgical Center, October 2005-2007
- Department of Podiatric Surgery Attending - The Saint Francis Hospital and Medical Center, 2002 – present
- Home and Health Community VNA Diabetic Advisory Board – September 2002- 2006
- Lecturer, Pfizer Pharmaceuticals, 2004 to present
- Lecturer, ACFAS Regional Complications Seminar – January, 2000
- Annual Hartford Marathon, Podiatric Medical Volunteer – October, 1999
- University of Hartford Men’s & Women’s Varsity Sports, Podiatry Screening & Consultation – September 1998 to present
- Nutmeg Games (CT State Olympics), Medical Staff Volunteer – August, 1998
- 102<sup>nd</sup> & 103<sup>rd</sup> Annual Boston Marathon, Podiatric Medical Volunteer – April 1998, 1999, 2000
- Active Podiatric Physician, Saint Francis Hospital and Medical Center

### ◆ COMMUNITY ACTIVITIES ◆

- Suffield Academy Volunteer Field Hockey Coach, Sept ‘08
- Diabetes Care Center: newly diagnosed diabetic patient screening, Department of Endocrinology, Saint Francis Hospital & Medical Center, Hartford, CT – September 1998 to present

- Johnson Memorial Hospital Medical Staff Lecturer, 2002 – present

#### ◆ SCHOLARSHIPS & AWARDS ◆

- College Merit Academic Scholarship, Pennsylvania College of Podiatric Medicine – September, 1994
- Lewis Gordon Memorial Pharmacology Scholarship, PCPM – May, 1998
- Podiatric Orthopedics Award/Scholarship, PCPM – May, 1998
- Earl G. Kaplan American College of Foot Surgeons Scholarship, PCPM – May, 1998
- Who's Who Among Students in American Universities and Colleges, 63<sup>rd</sup> Edition – August, 1998
- Dean's Letter of Commendation, PCPM – May, 1998

#### ◆ PUBLICATIONS / RESEARCH ◆

- Winters, KW: Necrotizing Fasciitis: A True Podiatric Emergency. *CPME Highlights*, vol. 8, no. 2, pp.5-10, April 1999.
- Winters, KW: "Streptococcal Fasciitis, A Flesh Eating Disease" in *Stirling-Harford Honorary Society PCPM Class of 1998 Papers*, pp.150-157, PCPM, Philadelphia, PA, May 1998.
- Winters, KW, & Silverstein, E: Pedal Manifestations in Crest Syndrome: A Case Report. *Journal of the American Podiatric Medical Association* – submission planned.
- Winters KW, Maher CJ, Deschamps, B: Treating Pedal Malignant Melanoma: A Case Report. *Journal of Podiatric Medical Association* – submission planned.
- The Biomechanics of Running: The Efficacy in Controlling Hyperpronation Using The Adidas Salvation Running Shoe, a clinical trial. An active study in association with Adidas conducted at PCPM, 1998.

#### ◆ HOBBIES ◆

- distance running
- biking
- ice hockey
- hiking
- photography
- gardening
- golf