

PodiatryCare, P.C. *and the* Heel Pain Center

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SURGERY INFORMATION – FOOT

Information about your Podiatric surgery: (If there are any unclear areas, please ask questions at any time.)

ALTERNATIVE METHODS OF TREATMENT:

1. Surgical program as explained in this consultation
2. Wide shoes or change in shoe gear
3. Periodic care
4. Antibiotics
5. Padding and strapping
6. Orthotic shoe inserts
7. Change in occupation
8. Injections
9. Physical therapy
10. No treatment at all

POSSIBLE COMPLICATIONS:

1. Infection and/or inflammation of operated areas
2. Delayed or non-healing of incisions and/or operated bones
3. Excessive bleeding
4. Excessive swelling
5. Allergic reaction to suture or other implanted materials
6. Peripheral neurovascular complications (IE Phlebitis)
7. Adverse reaction to anesthesia
8. Loss of toe or foot
9. Failure of procedure or reoccurrence of condition
10. Worsening of condition/disability
11. Flail toe/stiff toe/shorter toe/elevated toe
12. Transfer lesion/callus - pain can move to different area of foot
13. Damage to nerves or vascular structures
14. Significant or chronic pain
15. Chronic Regional Pain Syndrome - CRPS - painful nerve condition of foot
16. Avascular necrosis – vascular injury to bone